

BLACK CANYON

ULTRAS
PRESENTED BY



CREW GUIDE



WELCOME



QUICK LOOK

RACE DATE

100K | Saturday February 10, 2024

60K | Sunday February 11, 2024

START LOCATION

Mayer High School
17300 E Mule Deer Dr
Mayer, AZ 86333

CUTOFF TIMES

100K Cutoff: 20 Hours

60K Cutoff: 12 Hours

WSER Q Cutoff: 17 Hours (100K only)

FINISH LOCATION

100K Finish

Emery Henderson Trailhead
N New River Road
Phoenix, AZ 85087

60K Finish

Deep Canyon Ranch
18181 East Deep, Canyon Rd
Black Canyon City, AZ 85324

BIB PICKUP

THURSDAY 12 PM - 5 PM

Aravaipa HQ - Local Drive-Thru
2401 S 24th Street
Phoenix, AZ 84034

FRIDAY 1 PM - 7 PM

Chilleen's on 17
33150 Coldwater Rd
Black Canyon City, AZ 85324

SATURDAY (60K ONLY) 1 PM - 7 PM

Deep Canyon Ranch
18181 East Deep, Canyon Rd
Black Canyon City, AZ 85324

RUNNER EXPO

We will be hosting a Race Expo Chilleen's on 17 in Black Canyon City on Friday February 9, from 1:00 pm - 7:00 pm.

Runners will have the opportunity to pick up their bib, shop, and browse our sponsor booths. Sole Sports will be there with basic nutrition and last-minute race necessities.

Runners may bring their drop bags to the runner expo and deposit their bags for the appropriate aid station the day before. Please keep in mind that drop bags exceeding a reasonable size (i.e. suitcases, heavy duffles, large tubs) will not be transported to aid stations.



Welcome to the Black Canyon Ultras! We've put together this crew manual to make your race day experience as smooth as possible. This race has some great features for crews which should make taking care of your runner easy and fun. We will cover some basics of the course layout, which aid stations you can access, aid station directions, and ask that you follow our safety rules. Each aid station does have an aid station captain who is ultimately in charge if there are any questions on race day.

The Black Canyon Ultras take place on approximately 62 miles of the Black Canyon Trail from north to south, paralleling the Interstate 17 freeway on a combination of single track and old jeep trail. Both the 100K & 60K races will start at Mayer High School in Spring Valley, AZ. The 60K race will finish at Deep Canyon Ranch while the 100K runners will continue to their finish at the Emery Henderson Trailhead in New River, AZ.

Crews will travel down a series of dirt roads that crisscross the course and the I-17 freeway to access aid stations. The dirt roads are accessible by passenger car, but please exercise caution on these roads as the race course crosses the county roads several times. Bumble Bee Ranch and Table Mesa are located on sections of the Black Canyon trail that cross county roads. We ask you exercise extreme caution and look for signs and aid station volunteers cautioning traffic.

IMPORTANT: We ask that all crew vehicles park in the areas indicated and highlighted on the maps below. There will be ample parking at both Bumble Bee Ranch and Table Mesa. Please do not park on the side of the road as this will help keep the road as clear as possible for other traffic and emergency vehicles on race day.

Deep Canyon Ranch will allow crews much easier access to the aid station, better amenities, and a larger area to spread out and help crew your runner. Please follow signs and volunteers to the assigned parking areas and follow the directions to the main crew and 60K finish line area. We will be broadcasting the Livestream on screen at Deep Canyon Ranch so crews at the ranch can follow the excitement of the race as they wait for their runner.

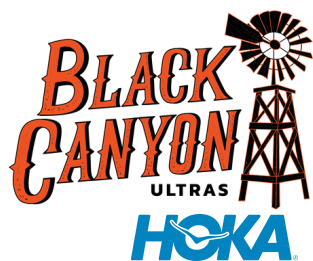
The finish location for the 100K will be hosted at the Emery Henderson Trailhead. However, race management in cooperation with the Bureau of Land Management has restricted parking at the finish by any crew, runner, or spectator.

NO PARKING will be available at the 100K finish line at Emery Henderson or on New River Road for crew. **FREE Shuttles** are provided to all crew, spectators and runners from Anthem Outlets. Parking on the shoulder of New River Road near Emery Henderson Trailhead is unsafe and illegal parking may result in enforcement action from local, county or state law enforcement officials.

All crew wishing to attend the event at 100K finish line must park at the Anthem Outlet Mall in the event designated parking area to board the buses traveling to Emery Henderson. THERE ARE NO EXCEPTIONS. Any crew found parking in the Emery Henderson Parking Lot or on the road on race day risks the disqualification of their runner.

Shuttles are FREE for all crew and will operate for the duration of the event. Please plan ahead to bring any baggage, runner aid, coolers, food, and chairs along with you on the shuttles. Animals are not allowed on the shuttles. If you have any questions or need further information not found in this guide, the runner guide or on the website, please email us.

See you at Black Canyon!



COURSE INFO



100 KM

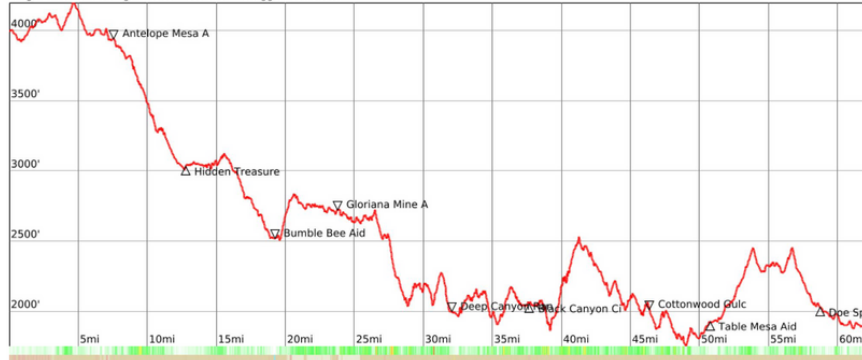
ELEVATION PROFILE



[DOWNLOAD 100K GPX](#)

Black Canyon 100K

range 1749' to 4199' gain 6965' loss 9094' exaggeration 53.6x



Slope Angle (top), Land Cover (middle), Tree Cover (bottom)



WAVE START TIMES & CUTOFFS

| WAVE | START | Antelope | Hidden T | Bumble Bee | Gloriana | Deep Canyon | BCC | Cottonwood | Table Mesa | Doe Spring | Finish |
|------|---------|----------|----------|------------|----------|-------------|---------|------------|------------|------------|---------|
| 1 | 7:00 AM | 9:15 AM | 10:45 AM | 12:45 PM | 2:30 PM | 5:00 PM | 7:00 PM | 10:00 PM | 11:30 PM | 2:00 AM | 3:00 AM |
| 2 | 7:30 AM | 9:45 AM | 11:15 AM | 1:15 PM | 3:00 PM | 5:30 PM | 7:30 PM | 10:30 PM | 12:00 AM | 2:30 AM | 3:30 AM |
| 3 | 8:00 AM | 10:15 AM | 11:45 AM | 1:45 PM | 3:30 PM | 6:00 PM | 8:00 PM | 11:00 PM | 12:30 AM | 3:00 AM | 4:00 AM |

60 KM

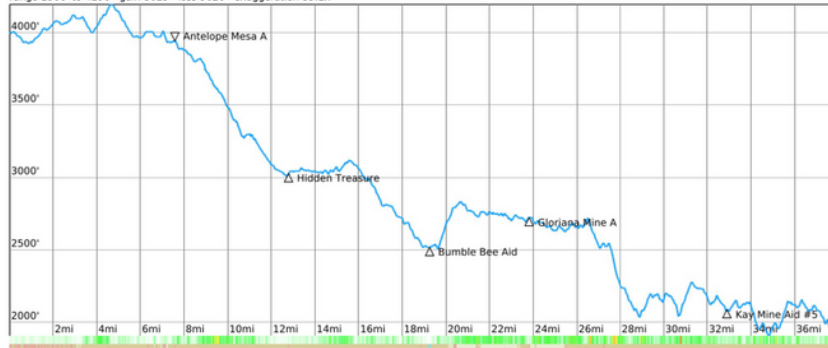
ELEVATION PROFILE



[DOWNLOAD 60K GPX](#)

BC60K

range 1906' to 4196' gain 3015' loss 5026' exaggeration 35.1x



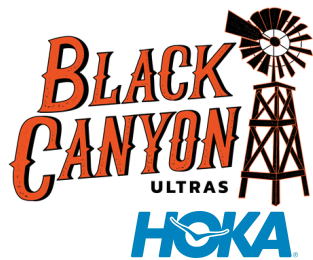
Slope Angle (top), Land Cover (middle), Tree Cover (bottom)



| WAVE | START | Antelope | Hidden T | Bumble Bee | Gloriana | Kay Mine 1 | Finish |
|------|---------|----------|----------|------------|----------|------------|---------|
| 1 | 7:00 AM | 9:15 AM | 10:45 AM | 12:45 PM | 2:30 PM | 5:00 PM | 7:00 PM |

AID STATIONS

- Antelope Mesa (NO CREW)
- Hidden Treasure Mine (NO CREW)
- Bumble Bee Ranch
- Gloriana Mine (NO CREW)
- Deep Canyon Ranch
- Black Canyon City (NO CREW)
- Cottonwood Gulch (NO CREW)
- Table Mesa
- Doe Spring (NO CREW)
- Emery Henderson Trailhead (Shuttle Only - NO CREW PARKING)



DRIVING DIRECTIONS



MAYER HIGH SCHOOL

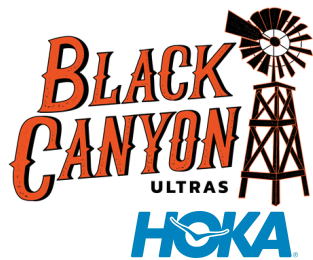
Directions to Mayer High School | Start - Mile 0.0 | 34.34764° N 112.15706° W
From Interstate 17 & Loop 101 Freeway in Phoenix, AZ
49.6 Miles | 42 Minutes



1. Head North on I-17 N for 46.1 Miles
2. Take Exit 262A for SR 69 North / Cordes Junction Road towards Prescott
3. Drive 3.1 Miles on SR 69 to Spring Lane and Turn Left
4. Drive 0.1 Miles and turn left onto Mule Deer Drive
5. Proceed to the end of the road and park in the parking lot adjacent to the high school track.

6. Note: It is **HIGHLY** recommended for all runners to shuttle to the start. There is **NO** parking at the high school and crews will not be allowed to drop off runners at the school. Limited parking is available at surrounding local businesses and church. See site map below for parking options. No shuttles will return to Mayer High School after the race so plan accordingly.





DRIVING DIRECTIONS



MAYER HIGH SCHOOL TO BUMBLE BEE RANCH

Directions from Mayer High School (Mile 0) to Bumble Bee Ranch Adventures (Mile 19.4) 22.9 Miles | 30 Minutes

1. Return to I-17 Freeway via SR69
2. Head South on I-17
3. Take exit 248 toward Bumble Bee
4. Turn right onto Bumble Bee Rd/Crown King Road
5. Travel 4.7 miles on mixed paved and grave road. Please drive SLOW!
6. Turn right into Bumble Bee Ranch Adventures: 23925 Bumble Bee Rd, Mayer AZ 86333

**PARKING IS HIGHLIGHTED ON THE MAP



DRIVING DIRECTIONS



BUMBLE BEE RANCH TO DEEP CANYON RANCH

Directions from Bumble Bee Ranch Aid (Mile 19.4) to Deep Canyon Ranch Aid (Mile 31.9)
10.8 Miles | 24 Minutes

1. Return to I-17 Freeway via Bumble Bee Rd/Crown King Road and continue southbound on I-17.
2. After 5.6 miles take exit 244 towards Black Canyon City
3. Continue straight onto Old Black Canyon Hwy
4. Turn right onto Deep Cyn Trail and follow signs for crew parking.

**PARKING IS HIGHLIGHTED ON THE MAP



DRIVING DIRECTIONS



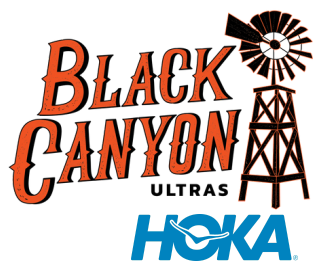
DEEP CANYON RANCH TO TABLE MESA

Directions from Deep Canyon Ranch (Mile 31.9)
to Table Mesa Aid (Mile 50.9)
13.4 Miles | 22 Minutes

1. Return to I-17 Freeway and head south towards Phoenix
2. Drive south for 6.0 miles and take exit 236 for Table Mesa Road
3. Continue 0.3 miles around curve and take first left onto Table Mesa Road (Do not cross over highway)
4. Continue 1.7 miles ahead to "Y" intersection and take the left fork staying on Table Mesa Road
5. Continue 1.4 miles until you reach the Table Mesa Trailhead. Turn right and follow the road to the available crew parking. Please be mindful of surrounding campers. Do not park on the access road or block traffic.

****PARKING IS HIGHLIGHTED**





NEED TO KNOW



CREW RULES



Crewing is a privilege not a right at this race. We ask that you follow these simple rules to help keep our race safe and enjoyable for everyone. Breaking any of these rules may result in the disqualification of your runner.

1. Crews are permitted **ONLY** at the following aid stations (plus the start & finish):

- Bumble Bee Aid (Mile 19.4)
- Deep Canyon Ranch (Mile 31.9/60K Finish line)
- Table Mesa Aid (Mile 50.9)

2. Crews must follow the instructions of the aid station captains and be respectful of aid station staff / volunteers.

3. Please park in the designated parking areas for crew highlighted in the maps below for each aid station. Do not park in or alongside a road. This will keep the road open for traffic, emergency vehicles and provide a safe and visible crossing for runners.

4. **SLOW** down when approaching the aid stations at Hidden Treasure, Bumblebee, Gloriana, and Table Mesa (5 MPH). Runners **WILL** be crossing the road at these junctions. Please be aware of this when you see special event & caution signage on the roadway and follow direction from volunteers with traffic control vests and Yavapai County Sheriff deputies.



5. Please be self sufficient on race day. Aid station snacks and supplies are for runners only. You may fill your runner's pack and bottles with ice and water from our aid station, but please ask the aid station captain first for assistance.

6. Parking is **NOT** allowed by any crew at the 100K finish line at Emery Henderson Trailhead. This extends to the road leading to the trailhead (New River Road). Any crew found parking along the side of New River road risks the disqualification of their runner.

PACING

Pacing is permitted in the 100K starting at the Deep Canyon Ranch at Mile 31.9 through the finish.

Pacers may also start or switch out at Table Mesa Aid Station at mile 51.2. We ask that pacers be on foot and you only use one at a time.

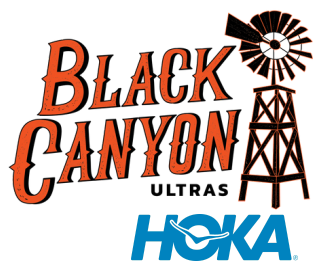
"Muling" or carrying the runner's equipment, food, water or other supplies is not permitted.

All pacers are required to wear a bib on course. Pacer bibs can be acquired at the expo, or on race day at Deep Canyon Ranch or Table Mesa.

RACE DAY TRACKING

Live result tracking will be made available on our main website or at live.aravaiparunning.com. We will do our best to keep our live tracking active during the course of the event but please note that due to the remote nature of this course, online tracking may experience delays.

Our radio communications team is tracking all runners at every aid station and we will do our best to inform crew members at an aid station of any situations that arise.



NEED TO KNOW

FOOD & WATER

We ask that you bring your own food, water and other supplies for your personal use on race day. We will only be providing water, ice and food for our registered runners and pacers on race day. There is food available in Black Canyon City and around the Anthem Outlets.

RESTROOMS ON COURSE

We will have portable restrooms that will be available at the start line, Antelope Mesa, Hidden Treasure, Gloriana, Bumblebee Aid, Deep Canyon Ranch, Table Mesa Aid & the Finish line. There are also permanent restroom facilities at Anthem Outlets before boarding the shuttle and portable restrooms at the finish at Emery Henderson Trailhead.

FINISH LINE SHUTTLE

As a reminder parking is NOT allowed by any crew at the 100K finish line at Emery Henderson Trailhead. This extends to the road leading to the trailhead. Any crew found parking along the side of New River road risks the disqualification of their runner.

Shuttles running from Anthem Outlets are FREE and begin at 1pm on Saturday and will continue for the duration of the event. It is a 10 minute shuttle ride to the finish and all crew and family are encouraged to bring food, water, coolers, bags, etc. aboard the shuttle.



SHUTTLE SCHEDULE Anthem >> Emery Trailhead >> Anthem : 1PM - 4AM



TABLE MESA AID STATION TO PARKING AT ANTHEM OUTLETS

Directions from Table Mesa Aid Station to Outlets at Anthem Shuttle Pickup
11.4 Miles | 16 Minutes

1. Return 3.4 miles to I-17 Freeway via Table Mesa Road
 2. Take I-17 South towards Phoenix for 6.5 miles
 3. Take Exit 229 for Anthem Way and turn right.
 4. Continue on W Anthem Way and turn right onto 43rd Ave and the first right into the parking lot
 5. Follow the map below to the Southwest corner dirt parking lot.
- **PARKING IS HIGHLIGHTED**